

# Come Join Us!

## Parents of 6 to 12 year-old Children are invited to Join a free “STEP” Program “Systematic Training for Effective Parenting” at Parkview School in Milltown

Come and learn effective ways to relate to your children and encourage cooperative behavior in this FREE 8-session “STEP” series. Light refreshments will be served.

- **Dates:** February 7, 14, 21, 28, March 7, 14, 21, 28 2017
- **Time:** 6:00 - 7:30 pm
- **Location:** Parkview School  
Media Center, 80 Violet Terrace,  
Milltown, NJ 08850

### Program Goals

- Increase ability to identify goals of misbehavior
- Increase alternatives to misbehaviors
- Increase encouragement and communication skills
- Increase parent/child cooperation skills
- Increase skill in discipline and choosing parenting approach
- Increase child self-esteem and confidence
- Decrease inappropriate parental behaviors in disciplining children.



**To Register**  
**Contact: Johanna Pagan at**  
**732.254.3344 ext. 111 or via**  
**email at [johanna.pagan@](mailto:johanna.pagan@wellspringprevention.org)**  
**[wellspringprevention.org](http://wellspringprevention.org)**  
*Childcare available with advance  
notice; please call to request.*

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A few nights to gain tools and strategies for improved behavior